Saint Katherine Greek Orthodox Church



March 19th, 2023 Sunday of the Holy Cross

Mission Statement

To Engage, Serve, and Enrich the lives of Orthodox Christians, through Word, Worship, and Outreach, and to Welcome all people to live the Orthodox Christian way of life.

Our Clergy:

Fr. Timothy Pavlatos, Proistamenos Fr. Philip Armstrong, Priest Emeritus Fr. Demetrios Kavouras, Priest Emeritus

Contact Us:

480-899-3330 · office@st-katherine.org · www.stkatherineaz.org

Church Office Hours:

Tuesday-Thursday 9:30 a.m.-3:30 p.m. Closed 12:00-1:00 p.m. for lunch Fr. Timothy is off on Thursdays.

Metropolis of San Francisco / Greek Orthodox Archdiocese of America

Hymns at the Small Entrance

Resurrectional Apolytikion - Grave Tone

By means of Your Cross, O Lord, You abolished death. To the robber You opened Paradise. The lamentation of the myrrh-bearing women You transformed, and You gave Your Apostles the order to proclaim to all that You had risen, O Christ our God, and granted the world Your great mercy.

Κατέλυσας τῷ Σταυρῷ σου τὸν θάνατον, ἠνέῳξας τῷ Λῃστῇ τὸν Παράδεισον, τῶν Μυροφόρων τὸν θρῆνον μετέβαλες, καὶ τοῖς σοῖς Ἀποστόλοις κηρύττειν ἐπέταξας, ὅτι ἀνέστης Χριστὲ ὁ Θεός, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

Apolytikion for the Feast

Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth.

Σῶσον, Κύριε, τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

Apolytikion of St. Katherine

Let us sing the praise of the Bride of Christ renown, * the Patroness of Sinai, Katherine Divine. * Our assistance and protection, * for she has brilliantly subdued, * the impious refined, by the power of the Spirit. * She was crowned as a martyr of the Lord, * and for all, she entreats His great mercy.

Τὴν πανεύφημον νύμφην Χριστοῦ ὑμνήσωμεν, Αἰκατερῖναν τὴν θείαν καὶ πολιοῦχον Σινᾶ, τὴν βοήθειαν ἡμῶν καὶ ἀντίληψιν, ὅτι ἐφίμωσε λαμπρῶς, τοὺς κομψοὺς τῶν ἀσεβῶν, τοῦ Πνεύματος τῇ μαχαίρᾳ, καὶ νῦν ὡς Μάρτυς στεφθεῖσα, αἰτεῖται πᾶσι τὸ μέγα ἔλεος.

Kontakion

O Champion General, I your City now inscribe to you. * Triumphant anthems as the tokens of my gratitude, * Being rescued from the terrors, O Theotokos.* Inasmuch as you have power unassailable, * From all kinds of perils free me, so that unto you. * I may cry aloud: *Rejoice, O unwedded Bride.

Τῆ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, Ὠς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, Ἀναγράφω σοι ἡ Πόλις σου Θεοτόκε. Ἀλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, Ἐκ παντοίων με κινδύνων ἐλευθέρωσον, Ἱνα κράζω σοι· Χαῖρε νύμφη ἀνύμφευτε.

Epistle Reading Hebrews 4:14-16; 5:1-6

BRETHREN, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten thee"; as he says also in another place, "Thou art a priest for ever, after the order of Melchizedek."

Έβραίους 4:14-16, 5:1-6

Άδελφοί, ἔχοντες οὖν ἀρχιερέα μέγαν, διεληλυθότα τοὺς οὐρανούς, Ἰησοῦν τὸν υἱὸν τοῦ θεοῦ, κρατῶμεν τῆς ὁμολογίας. Οὐ γὰρ ἔχομεν ἀρχιερέα μὴ δυνάμενον συμπαθῆσαι ταῖς ἀσθενείαις ἡμῶν, πεπειραμένον δὲ κατὰ πάντα καθ' ὁμοιότητα, χωρὶς ὰμαρτίας. Προσερχώμεθα οὖν μετὰ παρρησίας τῷ θρόνω τῆς χάριτος, ἵνα λάβωμεν ἔλεον, καὶ χάριν εὕρωμεν εἰς εὔκαιρον βοήθειαν. Πᾶς γὰρ ἀρχιερεύς, έξ ανθρώπων λαμβανόμενος, ὑπὲρ ἀνθρώπων καθίσταται τὰ πρὸς τὸν θεόν, ἵνα προσφέρη δῶρά τε καὶ θυσίας ὑπὲρ ἁμαρτιῶν μετρίοπαθεῖν δυνάμενος τοῖς ἀγνοοῦσιν καὶ πλανωμένοις, ἐπεὶ καὶ αὐτὸς περίκειται ἀσθένειαν· καὶ διὰ ταύτην ὀφείλει, καθὼς περὶ τοῦ λαοῦ, οὕτως καὶ περὶ ἑαυτοῦ, προσφέρειν ὑπὲρ ἁμαρτιῶν. Καὶ οὐχ ἑαυτῶ τις λαμβάνει τὴν τιμήν, ἀλλὰ καλούμενος ὑπὸ τοῦ θεοῦ, καθάπερ καὶ Άαρών. Οὕτως καὶ ὁ Χριστὸς οὐχ ἑαυτὸν ἐδόξασεν γενηθῆναι ἀρχιερέα, ἀλλ' ὁ λαλήσας πρὸς αὐτόν, Υἱός μου εἶ σύ, ἐγὼ σήμερον γεγέννηκά σε. Κάθὼς καὶ ἐν ἐτέρω λέγει, Σὺ ἱερεὺς εἰς τὸν αἰῶνα κατὰ τὴν τάξιν Μελχισεδέκ.

Gospel Reading Mark 8:34-38; 9:1

The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

Μᾶρκον 8:34-38, 9:1

Εἶπεν ὁ Κύριος· Εἴ τις θέλει ὀπίσω μου ἐλθεῖν, ἀπαρνησάσθω ἑαυτὸν καὶ ἀράτω τὸν σταυρὸν αὐτοῦ, καὶ ἀκολουθείτω μοι. ὃς γὰρ ἂν θέλη τὴν ψυχὴν αὐτοῦ σῶσαι, ἀπολέσει αὐτήν ὃς δ' ἂν ἀπολέση τὴν έαυτοῦ ψυχὴν ἔνεκεν έμοῦ καὶ τοῦ εὐαγγελίου, οὗτος σώσει αὐτήν. τί γὰρ ἀφελήσει ἄνθρωπον ἐὰν κερδήση τὸν κόσμον ὅλον, καὶ ζημιωθῆ τὴν ψυχὴν αὐτοῦ; ἢ τί δώσει ἄνθρωπος ἀντάλλαγμα τῆς ψυχῆς αὐτοῦ; ος γὰρ ἐὰν ἐπαισχυνθῆ με καὶ τοὺς ἐμοὺς λόγους ἐν τῆ γενεᾳ ταύτη τῆ μοιχαλίδι καὶ ἁμαρτωλῷ, καὶ ὁ υἰὸς τοῦ ἀνθρώπου ἐπαισχυνθήσεται αὐτὸν ὅταν ἔλθη ἐν τῆ δόξη τοῦ πατρὸς αὐτοῦ μετὰ τῶν ἀγγέλων τῶν ἀγίων. Καὶ ἔλεγεν αὐτοῖς· ἀμὴν λέγω ὑμῖν ὅτι εἰσί τινες τῶν ὧδε ἑστηκότων, οἵτινες οὐ μὴ γεύσωνται θανάτου ἕως ἂν ΐδωσι τὴν βασιλείαν τοῦ Θεοῦ ἐληλυθυῖαν ἐν δυνάμει.

κράβαττον, ἐφ' ῷ ὁ παραλυτικὸς κατέκειτο. ἰδὼν δὲ ὁ Ἰησοῦς τὴν πίστιν αὐτῶν λέγει τῷ παραλυτικῷ τέκνον, ἀφέωνταί σοι αἱ ἀμαρτίαι σου. ἦσαν δέ τινες τῶν γραμματέων ἐκεῖ καθήμενοι καὶ διαλογιζόμενοι ἐν ταῖς καρδίαις αὐτῶν τί οὖτος οὕτω λαλεῖ βλασφημίας; τίς δύναται ἀφιέναι ὰμαρτίας εἰ μὴ εἶς ὁ Θεός; καὶ εὐθέως ἐπιγνοὺς ὁ Ἰησοῦς τῷ πνεύματι αὐτοῦ ὅτι οὕτως αὐτοὶ διαλογίζονται ἐν ἑαυτοῖς, εἶπεν αὐτοῖς τί ταῦτα διαλογίζεσθε ἐν ταῖς καρδίαις ὑμῶν; τί ἐστιν εὐκοπώτερον, εἰπεῖν τῷ παραλυτικῷ, ἀφέωνταί σου αἱ ἀμαρτίαι, ἢ εἰπεῖν, ἔγειρε καὶ ἆρον τὸν κράβαττόν σου καὶ περιπάτει; ἵνα δὲ εἰδῆτε ὅτι ἐξουσίαν ἔχει ὁ υἰὸς τοῦ ἀνθρώπου ἀφιέναι ἐπὶ τῆς γῆς ἀμαρτίας - λέγει τῷ παραλυτικῷ σοὶ λέγω, ἔγειρε καὶ ἆρον τὸν κράβαττόν σου καὶ ὕπαγε εἰς τὸν οἶκόν σου. καὶ ἠγέρθη εὐθέως, καὶ ἄρας τὸν κράβαττον ἐξῆλθεν ἐναντίον πάντων, ὥστε ἐξίστασθαι πάντας καὶ δοξάζειν τὸν Θεὸν λέγοντας ὅτι οὐδέποτε οὕτως εἴδομεν.

Today we Commemorate:

- The Holy Martyrs Chrysanthus and Daria
- Demetrios the New Martyr

Saint Chrysanthus, who was from Alexandria, had been instructed in the Faith of Christ by a certain bishop. His father, who was a senator by rank and a pagan, had him shut up in prison for many days; then, seeing the unchanging disposition of his mind, he commanded that a certain young woman named Daria be brought from Athens. She was a very beautiful and learned maiden, and also an idolater, and Chrysanthus' father wedded him to her so that he might be drawn away from the Faith of Christ because of his love for her. Instead of this however, Chrysanthus drew Daria unto piety, and both of them boldly proclaimed Christ and received the crown of martyrdom in 283, during the reign of Numerian, when they were buried alive in a pit of mire.

Upcoming Services—Week of March 19th

<u>Sunday, March 19th</u>: 8:15 a.m. Orthros, 9:30 a.m. Divine Liturgy 6:00 p.m. Pan-Orthodox Vesper Service at Saint Sava Serbian Orthodox Church

Monday, March 20th: 6:00 p.m. Great Compline

Wednesday, March 22nd: 6:00 p.m. Presanctified Liturgy

<u>Friday, March 24th</u>: 6:00 p.m. Great Vespers

Annunciation of the Theotokos, Saturday, March 25th: 8:00 a.m. Orthros, 9:00 a.m. Divine Liturgy, 6:00 p.m. Great Vespers

For the complete calendar: https://stkatherineaz.org/parish-calendar

Spring General Assembly-Date Change



Mark your calendars! The Spring General Assembly is scheduled for <u>Sunday, March</u> <u>26</u>, in the Community Center following dismissal of Liturgy.

Please note: To vote at a General Assembly meeting one must be a current steward. If you have not completed a 2023 pledge card, please do so right away, so that you can participate and vote on issues affecting our parish.

All stewards should make plans to attend and participate.

St. Irene Philoptochos News



2023 Membership Drive – It's time to renew your membership!

If you are not yet a member of Philoptochos, we invite you to join us in our philanthropic work! Dues are \$35.00 and Membership applications are available in the Narthex.

All Saints Camp Scholarships Available

St. Irene Philoptochos will be offering scholarships to assist with camp registration.

Details coming soon!

Our Parish Family

If you are new to our parish, would like to become a member and begin receiving News & Updates, please contact our Church office: office@st-atherineaz.org or call 480-899-3330.

If you are visiting and/or inquiring about the Orthodox faith and are interested in learning more, please contact Fr. Timothy: frtimskchurch@gmail.com

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Helpful Information:

Sunday Service Times: 8:15 a.m. Orthros, 9:30 a.m. Divine Liturgy

Sunday School: Meeting locations: Pre-K to 5th at the 4th acre, 6th-12th at the 5th acre.

Fellowship Hour: Sponsored by the Parish Council.

Dean Pappas Memorial Bookstore: Usually open on Sundays after Liturgy.

Please make every effort to arrive for services a little early. If you happen to arrive late, please observe the following moments in the Divine Liturgy when you should not enter the Nave but wait quietly in the Narthex. You may enter after these moments:

- The Priest censing
- The Small Entrance
- The Great Entrance
- Epistle Reading

- Gospel Reading
- The Homily
- Consecration of the Gifts
- The Lord's Prayer

Confession Times:

- Saturdays from 5:30 6:00 p.m.
- During Great Vespers immediately following the Great Censing. Please wait in the front pews closest to the Bishop's Throne.
- By appointment (Please contact the church office)

Resources:

- *Complete Church Calendar: https://stkatherineaz.org/parish-calendar
- *Sunday Homilies: https://stkatherineaz.org/homilies
- *For Orthros (Matins) Text visit: AGES Digital Chant Stand
- *Saints, Feasts, Epistle & Gospel readings: https://www.goarch.org/chapel/calendar
- *Livestream on Facebook: https://www.facebook.com/stkatherinechandler/videos
- *Livestream on YouTube: https://www.youtube.com/@stkatherinegreekorthodoxch8030/streams



Prayer Requests

(Prayers for the living will be retained on the list for 40 days.)

I Peter 4:7 Be serious and discipline yourselves in prayer. Cast all your anxiety on Him because He cares for you.

Living:

- Andrew for bereavement
- Angie for upcoming surgery
- Mark, for recovery from accident injuries, and his family
- Aglaia, health & healing
- Earthquake victims in Turkey and Syria, those affected by the recent floods in New Zealand, and those affected by train derailments around the world.
- .Peace in Ukraine, and consolation for the suffering and bereaved
- For Fr. Nicholas, the staff, and boys at St. Innocent Orphanage
- For our Sunday School Teachers and Youth Workers
- For our Catechumens and Inquirers.
- For our parishioners serving in armed services: Scott Fagerberg
- For our Seminarians: Emmanuel (Manoli) Aspiotis & Nikolas Makarios, Andrew Moreno

Departed:

- Presvytera Kantiana Efstathiu +
- Priestmonk Dorotheos +
- Lourie Campbell +



Welcome to Our Visitors

We welcome you with open arms and joy in our Lord and hope your experience at St. Katherine's is a blessing for you.

Only those who are Baptized and/or Chrismated in the Orthodox faith may receive Holy Communion. If you are not Orthodox, you may approach the Chalice for a blessing. To do this, come to the chalice and simply say, "a blessing please."

Orthodox Christians desiring to receive the Body of Blood of Christ must ensure proper preparation through confession (minimum 4 times a year), reconciliation in your heart with all, and observation of the fasting guidelines set forth by the Church.

If you have any questions please contact Fr. Timothy.

All Saints Camp

- Early Registration: \$425 (March 13-26)
- Regular Registration: \$475 (March 27-April 30)
- Late Registration: \$525 (May 1-15)

All Saints Summer Camp will be hosted at <u>The Springs at UCYC</u> in Prescott, Arizona, May 30–June 3! This annual program is available to all youth entering third grade through those who just graduated high school.

Spread the word! Early registration opens today and will run until Sunday, March 26! Prices will go up on March 27, so be sure to register ASAP and secure this early price. Payment plan options will be available. Click the registration link above for further registration information (i.e. camperships, sibling discounts, refunds, etc.).

The mission of ASC is to bring Orthodox youth and staff closer to Christ and to one another through a safe, fun, and prayerful environment. This is all accomplished thanks to our highly trained and dedicated staff. For those interested in being summer camp counselors, medical staff, or support staff, we are presently accepting applications. Click here to apply to join our 2023 staff!

For more information, visit our website at <u>allsaintscamparizona.org</u>. With questions, please contact us at <u>info@allsaintscamparizona.org</u>.

Journeys to Orthodoxy

For those who have converted to Orthodoxy, I kindly request you share the account of your personal journey to Orthodoxy (b/t 500 – 800 words). Please submit a recent picture of yourself along with your narrative. We will feature one convert's story a month in an individually sent out MailChimp so others in our community can benefit from the story of your journey. Our website will have a section titled "Journeys to Orthodox" under



the "Our Faith" tab, your story will be posted there as well. Hearing about one's journey is extremely beneficial to all, both to Orthodox Christians (cradle and convert) as well as to those who are searching. If you would like to see some examples, please visit the following website, at St. John's, the parish I last served: http://stjohngoc.org/category/journeys-to-orthodoxy/

Once you have written a brief story of your journey please submit it to our church Administrator Marjie Thorpe at: office@st-katherine.org as well as to our webmaster, Jerry Vasilatos at: retiredjerry@cox.net



Altar Boy Retreat



Fr. Timothy will be conducting an Altar Boy retreat at St. Katherine's (inside the church) for all current Altar Boys (ages 8-18) and any prospective Altar Boys. The boys will learn the responsibilities and proper etiquette for serving in the Holy Altar. This training is important for all who will serve.

St. Katherine Greek Orthodox Church Saturday, April 1st, 2023 10:00 a.m.-12:00 p.m.

Lunch in the Community Center from 12:00–12:30

Parents: Please drop your boys off at the church by 10:00 a.m. and please pick them up at the Community Center at 12:30 p.m.

To register: https://stkatherineaz.org/altar-server-retreat-registration

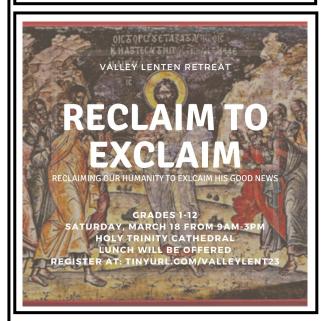
Arizona Hellenic Foundation

The Arizona Hellenic Foundation has several scholarships available for students of Hellenic



descent. The application deadline is April 1st, for further details and scholarship application please visit the Foundation's website: Azhellenic.org.

Thank you, Telis Evripidou President, Arizona Hellenic Foundation



Women's Ministry

The Women's Ministry meets on the 3rd Saturday, every other month for food, fellowship and



fun. For more information contact Athena Vasilatos 480-242-6658

GOYA/Philoptochos Project

Our GOYANs are teaming up with St. Irene Philoptochos to collect food items for St Innocent Orphanage. Please bring the items to our community center on Sundays or contact Athena Gonzales or Josephine Avaneas to make other drop-off arrangements. To read more about Project Mexico, please visit: https://www.projectmexico.org/

Items needed: · Cereal (low sugar) · Oatmeal · Granola · Pancake Mix · Honey · Canned Corn · Pinto beans · Black Beans · Canned fruit · Canned vegetables · Spices (Garlic, Pepper, Sugar & Salt) · Chicken Bouillon (Knorr, Chicken broth) · Flour · Wheat Flour · Spaghetti · Spaghetti sauce · Tomato puree · Dry fruit (Banana, Pineapple, Almonds, Cranberries) · Olive Oil · Canola Oil · Cooking Spray · Mayonnaise · Ketchup · Clamato · Canned Soups (Mushroom, clam, corn) · Cooking spray · Jam · Yeast · Gatorade · Nestea/Minute Maid Nesquik (Chocolate Milk Mix) · Canned Tuna, Salmon, Mushrooms, Chicken & Albacore · Popsicles (Otter Pops) · Granola bars · Hot Chocolate · Granulated Coffee · Juice & Juice boxes · Brown Sugar · Bottled Water · Ramen Soup · Parmesan Cheese · Cookies · Saltine Crackers · Dressings (Ranch, Blue Cheese) · Sweetened Condensed Milk · PROTEIN Powder

Sunday School and Joy/Hope Project

Our younger students, Pre-K to 5th (all classes in the 4th acre house), will be putting together Easter baskets to donate to Helen's Hope



Chest during Sunday School the week of March 26th.

To donate: https://

www.signupgenius.com/

go/10c0c4eaca92aa2fdo-helens#/

Welcome Ministry



If you are interested in being a part of this ministry, please contact Yiota for more information:

viotasoublis@hotmail.com

Flower Ministry

The Flower Ministry at St. Katherine serves

to beautify our Church throughout the year by decorating Icons for Major Feast days of Christ and the Mother of God,



The Feast day of St. Katherine, Great Lent, and Holy Week. If you would like to be a part of this ministry please contact Despina at:

dlaloudakis@vahoo.com

2023 Stewardship Cards Available Now!



111 Steward Families have pledged \$257,084.

Please be sure to pick up your 2023 Stewardship Commitment Card at the candle stand and prayerfully consider your pledge for the upcoming year.

New Convenient Ways to Give!

Hover your phone camera over the QR code, which will take you to our website. From the menu, click on the Stewardship tab.

Digital payment platforms allow the church to accept stewardship, general or specific donations for any ministry. To ensure your donation is properly allocated, please make a note in

the memo indicating your wishes.

RECOMMENDED LEVELS OF GIVING

PERCENT OF INCOME	5%		8%		10%	
Annual Income	Annual Giving	Weekly	Annual Giving	Weekly	Annual Giving	Weekly
\$20.000	\$1,000	\$19.23	\$1,600	\$30.77	\$2,000	\$38.46
\$40,000	\$2,000	\$38.46	\$3,200	\$61.54	\$4,000	\$76.92
\$60,000	\$3,000	\$57.69	\$4,800	\$92.31	\$6,000	\$115.38
\$80,000	\$4,000	\$76.92	\$6,400	\$123.08	\$8,000	\$153.85
\$100,000	\$5,000	\$96.15	\$8,000	\$153.85	\$10,000	\$192.31
\$125,000	\$6,250	\$120.19	\$10,000	\$192.31	\$12,500	\$240.38
\$150,000	\$7,500	\$144.23	\$12,000	\$230.77	\$15,000	\$288.46
\$200,000	\$10,000	\$192.31	\$16,000	\$307.69	\$20,000	\$384.62



"For where your treasure is, there your heart will be also."

Matthew 6:21