St. Katherine Greek Orthodox Church Weekly Bulletin March 20, 2022 Welcome!



Address: 2716 N. Dobson Rd., Ste. 101, Chandler, Arizona 85224

Mission Statement

To Engage, Serve, and Enrich the lives of Orthodox Christians, through Word, Worship, and Outreach, and to welcome all people to live the Orthodox Christian way of life.

Phone: 480-899-3330	Proistamenos:
Website: <u>www.stkatherineaz.org</u>	Rev. Fr. Timothy Pavlatos
Email: office@st-katherine.org	frtimskchurch@gmail.com
Church Office Hours:	Assistant Priest:
Tuesday-Thursday 9:30 a.m3:30 p.m.	Fr. Basil Rosu
Closed 12:00-1:00 p.m. for lunch	<u>Priest Emeritus:</u>
Fr. Timothy is off on Thursdays.	Fr. Demetrios Kavouras

Saints and Feasts

- Sunday of St. Gregory Palamas
- Righteous Fathers slain at the Monastery of St. Savas
- Myron the New Martyr of Crete
- Cuthbert the Wonderworker, Bishop of Lindisfarne

Reading:

Saint Cuthbert was born in Britain about the year 635, and became a monk in his youth at the monastery of Melrose by the River Tweed. After many years of struggle as a true priest of Christ, in the service both of his own brethren and of the neglected Christians of isolated country villages, he became a solitary on Farne Island in 676. After eight years as a hermit, he was constrained to leave his quiet to become Bishop of Lindisfarne, in which office he served for almost two years. He returned to his hermitage two months before he reposed in peace in 687. Because of the miracles he wrought both during his life and at his tomb after his death, he is called the "Wonderworker of Britain." The whole English people honoured him, and kings were both benefactors to his shrine and suppliants of his prayers. Eleven years after his death, his holy relics were revealed to be incorrupt; when his body was translated from Lindisfarne to Durham Cathedral in August of 1104, his body was still found to be untouched by decay, giving off "an odour of sweetest fragrancy," and "from the flexibility of its joints representing a person asleep rather than dead." Finally, when the most impious Henry VIII desecrated his shrine, opening it to despoil it of its valuables, his body was again found incorrupt, and was buried in 1542. It is believed that after this the holy relics of Saint Cuthbert were hidden to preserve them from further desecration.

Apolytikion & Kontakion Hymns March 20th, 2022

Resurrectional Apolytikion in the Plagal of the Second Tone

When the angelic powers appeared at Your grave, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary who was seeking Your immaculate body. You devastated Hades, not afflicted by it. You went to meet the virgin, and granted eternal life. You resurrected from the dead. O Lord, glory to You.

Άγγελικαὶ Δυνάμεις ἐπὶ τὸ μνῆμά σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν, καὶ ἵστατο Μαρία ἐν τῷ τάφῷ, ζητοῦσα τὸ ἄχραντόν σου σῶμα. Ἐσκύλευσας τὸν Ἅδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ, ὑπήντησας τῆ Παρθένῷ, δωρούμενος τὴν ζωήν, ὁ ἀναστὰς ἐκ των νεκρῶν, Κύριε δόξα σοι.

Apolytikion for the Hierarch

Beacon of Orthodox belief, the strong support of the Church and her teacher inspired by God, you are the ornament of monks, the unassailable champion of theologians, O Gregory the Wonder-worker and the boast of Thessalonica, the messenger of grace. Forever earnestly entreat for the salvation of our souls.

Όρθοδοξίας ὁ φωστήρ, Ἐκκλησίας τὸ στήριγμα καὶ διδάσκαλε, τῶν μοναστῶν ἡ καλλονὴ, τῶν θεολόγων ὑπέρμαχος ἀπροσμάχητος· Γρηγόριε θαυματουργὲ

Θεσσαλονίκης τὸ καύχημα κήρυξ τῆς χάριτος· ἱκέτευε διὰ παντός, σωθῆναι τὰς ψυχὰς ἡμῶν.

Apolytikion of St. Katherine

Let us sing the praise of the Bride of Christ renown, the Patroness of Sinai, Katherine Divine. Our assistance and protection, for she has brilliantly subdued, the impious refined, by the power of the Spirit. She was crowned as a martyr of the Lord, and for all, she entreats His great mercy. Τὴν πανεύφημον νύμφην Χριστοῦ ὑμνήσωμεν, Αἰκατερῖναν τὴν θείαν καὶ πολιοῦχον Σινᾶ, τὴν βοήθειαν ἡμῶν καὶ ἀντίληψιν, ὅτι ἐφίμωσε λαμπρῶς, τοὺς κομψοὺς τῶν ἀσεβῶν, τοῦ Πνεύματος τῇ μαχαίρᾳ, καὶ νῦν ὡς Μάρτυς στεφθεῖσα, αἰτεῖται πᾶσι τὸ μέγα ἔλεος.

Kontakion

O Champion General, I your City now inscribe to you Triumphant anthems as the tokens of my gratitude, Being rescued from the terrors, O Theotokos. Inasmuch as you have power unassailable, From all kinds of perils free me, so that unto you I may cry aloud: Rejoice, O unwedded Bride. Ώς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, Ἀναγράφω σοι ἡ Πόλις σου Θεοτόκε. Ἀλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, Ἐκ παντοίων με κινδύνων ἐλευθέρωσον, Ἱνα κράζω σοι `Χαῖρε νύμφη ἀνύμφευτε.

EPISTLE READING:

Prokeimenon. Mode Plagal 2.

Psalm 27.9,1

O Lord, save your people and bless your inheritance.

Verse: To you, O Lord, I have cried, O my God.

The reading is from St. Paul's Letter to the Hebrews 1:10-14; 2:1-3

IN THE BEGINNING, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation?

Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

Προκείμενον. Ήχος πλ. β'. ΨΑΛΜΟΙ 27.9,1 Σῶσον, Κύριε τὸν λαὸν σου καὶ εὐλόγησον τὴν κληρονομίαν σου. Στίχ. Πρὸς σἐ, Κύριε, κεκράζομαι ὁ Θεός μου.

Πρός Έβραίους 1:10-14, 2:1-3 τὸ ἀνάγνωσμα

Κατ' ἀρχάς, Κύριε, τὴν γῆν ἐθεμελίωσας, καὶ ἔργα τῶν χειρῶν σού εἰσιν οἱ οὐρανοί· αὐτοὶ ἀπολοῦνται, σὺ δὲ διαμένεις· καὶ πάντες ὡς ἱμάτιον παλαιωθήσονται, καὶ ὡσεὶ περιβόλαιον ἐλίξεις αὐτοὺς, καὶ ἀλλαγήσονται· σὺ δὲ ὁ αὐτὸς εἶ, καὶ τὰ ἔτη σου οὐκ ἐκλείψουσιν. Πρὸς τίνα δὲ τῶν ἀγγέλων εἴρηκέν ποτε, Κάθου ἐκ δεξιῶν μου, ἕως ἂν θῶ τοὺς ἐχθρούς σου ὑποπόδιον τῶν ποδῶν σου; Οὐχὶ πάντες εἰσὶν λειτουργικὰ πνεύματα, εἰς διακονίαν ἀποστελλόμενα διὰ τοὺς μέλλοντας κληρονομεῖν σωτηρίαν; Διὰ τοῦτο δεῖ περισσοτέρως ἡμᾶς προσέχειν τοῖς ἀκουσθεῖσιν, μήποτε παραρρυῶμεν. Εἰ γὰρ ὁ δι' ἀγγέλων λαληθεὶς λόγος ἐγένετο βέβαιος, καὶ πᾶσα παράβασις καὶ παρακοὴ ἕλαβεν ἕνδικον μισθαποδοσίαν, πῶς ἡμεῖς ἐκφευξόμεθα τηλικαύτης ἀμελήσαντες σωτηρίας; Ἡτις, ἀρχὴν λαβοῦσα λαλεῖσθαι διὰ τοῦ κυρίου, ὑπὸ τῶν ἀκουσάντων εἰς ἡμᾶς ἐβεβαιώθη.

GOSPEL READING:

The Gospel According to Mark 2:1-12

At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins"-he said to the paralytic-"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

Έκ τοῦ Κατὰ Μᾶρκον 2:1-12 Εὐαγγελίου τὸ Ἀνάγνωσμα

Τῷ καιρῷ ἐκείνῳ, εἰσῆλθεν ὁ Ἰησοῦς εἰς εἰς Καπερναοὺμ δι' ἡμερῶν καὶ ἡκούσθη ὅτι εἰς οἶκόν ἐστι. καὶ εὐθέως συνήχθησαν πολλοί, ὥστε μηκέτι χωρεῖν μηδὲ τὰ πρὸς τὴν θύραν· καὶ ἐλάλει αὐτοῖς τὸν λόγον. καὶ ἔρχονται πρὸς αὐτὸν παραλυτικὸν φέροντες, αἰρόμενον ὑπὸ τεσσάρων· καὶ μὴ δυνάμενοι προσεγγίσαι αὐτῷ διὰ τὸν ὄχλον, ἀπεστέγασαν τὴν στέγην ὅπου ἦν, καὶ ἐξορύξαντες χαλῶσι τὸν κράβαττον, ἐφ' ῷ ὁ παραλυτικὸς κατέκειτο. ἰδὼν δὲ ὁ Ἰησοῦς τὴν πίστιν αὐτῶν λέγει τῷ παραλυτικῷ· τέκνον, ἀφέωνταί σοι αἱ ἁμαρτίαι σου. ἦσαν δέ τινες τῶν γραμματέων ἐκεῖ καθήμενοι καὶ διαλογιζόμενοι ἐν ταῖς καρδίαις αὐτῶν· τί οὖτος οὕτω λαλεῖ βλασφημίας; τίς δύναται ἀφιέναι ἀμαρτίας εἰ μὴ εἶς ὁ Θεός; καὶ εὐθέως ἐπιγνοὺς ὁ Ἰησοῦς τῷ πνεύματι αὐτοῦ ὅτι οὕτως αὐτοὶ διαλογίζονται ἐν ἑαυτοῖς, εἶπεν αὐτοῖς· τί ταῦτα διαλογίζεσθε ἐν ταῖς καρδίαις ὑμῶν; τί ἐστιν εὐκοπώτερον, εἰπεῖν τῷ παραλυτικῷ, ἀφέωνταί σου αἱ ἁμαρτίαι, ἢ εἰπεῖν, ἕγειρε καὶ ἆρον τὸν κράβαττόν σου καὶ περιπάτει; ἵνα δὲ εἰδῆτε ὅτι ἐξουσίαν ἔχει ὁ υἰὸς τοῦ ἀνθρώπου ἀφιέναι ἐπὶ τῆς γῆς ἁμαρτίας - λέγει τῷ παραλυτικῷ· σοὶ λέφω, ἔγειρε καὶ ἆρον τὸν κράβαττόν σου καὶ περιπάτει; ἕστιν εὐκοπώτερον, ώδε εἰς τὸν οἶκόν σου καὶ ἀμαρτίαι, ἢ εἰπεῖν, ἔγειρε καὶ ἦρον τὸν κράβαττόν σου καὶ περιπάτει; ἕς τοῦ τον κράβαττόν σου καὶ παραλυτικῷ· σοὶ λέγω, ἔςειρε καὶ ἆρον τὸν κράβαττόν σου καὶ περιπάτει; ἕνα δὲ εἰδῆτε ὅτι ἐξουσίαν ἔχει ὁ υἰὸς τοῦ ἀνθρώπου ἀφιέναι ἐπὶ τῆς γῆς ἁμαρτίας - λέγει τῷ παραλυτικῷ· σοὶ λέφω, ἔγειρε καὶ ἆρον τὸν κράβαττόν σου καὶ περιπάτει; και διολογιζονται ἐν έζιστασθαι πάντας καὶ δοξάζειν τὸν Θεὸν λέγοντας ὅτι οὐδέποτε οὕτως εἴδομεν.

Sunday of St. Gregory Palamas, March 20th

8:15 a.m. Orthros 9:30 a.m. Divine Liturgy

Wednesday, March 23rd 6:00 p.m. Presanctified Liturgy

Thursday, March 24th

5:45 p.m. Orthros 7:00 p.m. Divine Liturgy

Friday, March 25th 6:00 p.m. 2nd Salutation to the Theotokos

Saturday, March 26th 6:00 p.m. Great Vespers

WELCOME VISITORS

We welcome you with open arms and joy in our Lord and hope your experience at St. Katherine's is a blessing for you. Please join us for coffee hour in the Community Center after the service.

FELLOWSHIP HOUR

Fellowship Hour this morning is being sponsored by the Parish Council.

LENTEN BOOK STUDY

A Lenten Book Study will begin on March 22nd at 7:00 p.m. and will meet in the church. The book: <u>Toolkit for Spiritual Growth:</u> <u>A Practical Guide to Prayer, Fasting and Almsgiving</u> is available for purchase in the bookstore or it can be ordered on Amazon. Please read Chapter 1: On Prayer.

MYRRH BEARERS

Girls, age 8-High School, who would like to serve as "myrrh bearers" for the Holy Friday Lamentation Service and Holy Pascha Resurrection Service, please contact Antigoni Bhatia 617-308-1860 before April 3rd.

AHEPA 454 GREEK INDEPENDENCE DAY FAMILY PICNIC

Ahepa 454 invites all our St. Katherine family and friends to join us for our Greek Independence Day Family Picnic. See enclosed flier for details.

ARIZONA HELLENIC FOUNDATION SCHOLARSHIP

The Arizona Hellenic Foundation has several scholarships available for eligible students. The application deadline is April 1, 2022. For applications and eligibility requirements, please visit the Foundation's web site: <u>https://azhellenic.org/</u>

STEWARDSHIP UPDATE:

Thank you to all who have filled out and turned in your 2022 Stewardship cards. To date we have received 115 pledges totaling \$238,518.00.

Our Stewardship pledge goal for this year is \$328,000.00.

Please help us reach our goal for this year. May God bless us and this parish as a whole for all that each and every one of us brings as our offering to our Lord Jesus Christ, and His Bride, the Church. (Fr. Timothy)

METROPOLIS SUMMER CAMPS

2022 Summer Camp In-Person dates: Session I: July 10 - 16 Session II: July 17 - 23 Session III: July 24 - 30 Online registration opened Tuesday, March 1, available space is first come, first served. For more information: https://gosfyouth.org/summer-camp

ST. KATHERINE WOMEN'S MINISTRY

Mark your calendar for the next Women's Ministry Luncheon on May 21 at 12:30 p.m. in the Community Center. Fr. Timothy will be joining us.

For more information contact Athena Vasilatos 480-242-6658.

CONFESSION TIMES:

- Saturdays from 5:30 6:00 p.m. (before Vespers)
- After the Great Censing in Vespers, please wait in the pews closest to the South door in the Nave.
- By appointment

ST. KATHERINE QR CODE:

